

Relapsed/refractory patients

Sub-group analysis of the PANORAMA-1 Trial: panobinostat plus bortezomib and dexamethasone by prior MM treatment

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The [PANORAMA-1](#) trial was a randomized, double-blind phase-3 study to assess the efficacy of a triple drug regimen of panobinostat, bortezomib and dexamethasone, in patients with relapsed, or relapsed and refractory, Multiple Myeloma (MM). In a sub-group analysis of this trial, [Paul G. Richardson](#) from the [Dana-Faber Cancer Institute](#) and collaborators, assessed the effect of this triplet drug regiment according to the number of prior treatments received, and published their findings in the February 2016 edition of [Blood](#). Patients were randomly assigned into two treatment groups: panobinostat, bortezomib and dexamethasone (PAN-BTZ-Dex) or placebo, bortezomib and dexamethasone (Pbo-BTZ-Dex). The study design is summarized in a previous MMHub article.

Key Findings:

- Pts enrolled:
 - pts that received prior IMiD (Immunomodulatory drugs) = 485 (PAN-BTZ-Dex, n = 245; Pbo-BTZ-Dex, n = 240)
 - pts that received prior BTZ plus IMiD = 193 (PAN-BTZ-Dex, n = 94; Pbo-BTZ-Dex, n = 99)
 - pts that received ≥ 2 prior regimens including BTZ and an IMiD = 147 (PAN-BTZ-Dex, n = 73; Pbo-BTZ-Dex, n = 74)
- All data are given as PAN-BTZ-Dex vs. Pbo-BTZ-Dex:
- Median PFS:
 - prior IMiD: 12.3 months vs. 7.4 months; HR = 0.54 (95% CI, 0.43-0.68)
 - prior BTZ plus IMiD: 10.6 months vs. 5.8 months; HR = 0.52 (95% CI, 0.36-0.76)
 - prior regimens (≥ 2 including BTZ and an IMiD): 12.5 months vs. 4.7 months; HR = 0.47 (95% CI, 0.31-0.72)
 - no prior exposure to BTZ: 12.6 months vs. 9.2 months; HR = 0.69; (95% CI, 0.53-0.88)
 - no prior history of IMiDs: 11.4 months vs. 12.0 months; HR = 0.78; (95% CI, 0.57-1.08)
- nCR/CR rate:
 - prior regimens (≥ 2 , including BTZ and an IMiD): 21.9% (95% CI, 13.1-33.1) vs. 8.1% (95% CI, 3.0-16.8)
- Response duration:
 - prior BTZ plus an IMiD: 11.99 months (95% CI, 9.69-13.90) vs. 8.31 months (95% CI, 6.14-12.32)
 - prior regimens (≥ 2 , including BTZ and an IMiD): 11.99 months (95% CI, 9.69-13.37) vs. 6.97 months (95% CI, 4.86-13.40).
- Safety:
 - Dose changes and delays were mostly due to AEs

- Treatment Free Interval (TFI, calculated as Mean PFS – Mean treatment duration):
 - Pbo-BTZ-Dex was lower than PAN-BTZ-Dex across all groups
 - prior regimens (≥ 2 , including BTZ and an IMiD): 4.69 months vs. 1.92 months
- Safety profile of PAN-BTZ-Dex was similar among prior treatment subgroups
- Grade 3/4 diarrhea:
 - prior IMiD = 26.1% vs. 7.9%
 - prior bortezomib plus IMiD = 30.4% vs. 13.1%
 - prior regimens (≥ 2 including bortezomib and an IMiD) = 33.3% vs. 15.1%
- Grade 3/4 thrombocytopenia:
 - prior IMiD: 61% vs. 36%
 - prior BTZ plus IMiD: 68.5% vs. 48.0%
 - ≥ 2 prior regimens including BTZ and an IMiD: 68.1% vs. 44.4%
- Treatment-related deaths (or up to 28 days after treatment) prior IMiD: n = 17; 7.1% vs. n = 10; 4.2%
- Deaths due to other causes (primarily AEs): n = 14 vs. n = 6

This study confirmed that the addition of panobinostat - a potent oral pan-deacetylase inhibitor – to the regimen of bortezomib plus dexamethasone, leads to a specific PFS of 7.8 months among patients that have been heavily treated and for whom obvious therapeutic avenues are largely exhausted (those who have received ≥ 2 prior treatment regimens). Increased median PFS was also observed across all previous treatment groups, suggesting a benefit of panobinostat in general to this drug regimen. Indeed, data from the PANORAMA-1 study was used to support approval of panobinostat (for use in combination with bortezomib and dexamethasone, for the treatment of patients who have received ≥ 2 prior treatments), by the [US FDA](#) and the [EMA](#).

Abstract

Panobinostat is a potent pan-deacetylase inhibitor that affects the growth and survival of multiple myeloma (MM) cells through alteration of epigenetic mechanisms and protein metabolism. Panobinostat plus bortezomib and dexamethasone (PAN-BTZ-Dex) led to a significant increase in progression-free survival (PFS) vs placebo plus bortezomib and dexamethasone (Pbo-BTZ-Dex) in patients with relapsed or relapsed and refractory MM in the phase 3 PANORAMA 1 trial. This subgroup analysis evaluated outcomes in patients in the PANORAMA 1 trial based on prior treatment: a prior immunomodulatory drug (IMiD; n = 485), prior bortezomib plus an IMiD (n = 193), and ≥ 2 prior regimens including bortezomib and an IMiD (n = 147). Median PFS with PAN-BTZ-Dex vs Pbo-BTZ-Dex across subgroups was as follows: prior IMiD (12.3 vs 7.4 months; hazard ratio [HR], 0.54; 95% confidence interval [CI], 0.43-0.68), prior bortezomib plus IMiD (10.6 vs 5.8 months; HR, 0.52; 95% CI, 0.36-0.76), and ≥ 2 prior regimens including bortezomib and an IMiD (12.5 vs 4.7 months; HR, 0.47; 95% CI, 0.31-0.72). Common grade 3/4 adverse events and laboratory abnormalities in patients who received PAN-BTZ-Dex across the prior treatment groups included thrombocytopenia, lymphopenia, neutropenia, diarrhea, and asthenia/fatigue. Incidence of on-treatment deaths among patients who received prior bortezomib and an IMiD (regardless of number of prior regimens) was similar between treatment arms. This analysis demonstrated a clear PFS benefit of 7.8 months with PAN-BTZ-Dex among patients who received ≥ 2 prior regimens including bortezomib and an IMiD, a population with limited treatment options and poorer prognosis. This trial was registered at www.clinicaltrials.gov as #[NCT01023308](#).

References

1. [Richardson PG. *et al.* Panobinostat plus bortezomib and dexamethasone in previously treated multiple myeloma: outcomes by prior treatment. *Blood*. 2016 Feb 11;127\(6\):713-21. DOI: \[10.1182/blood-2015-09-665018\]\(#\). Epub 2015 Dec 2.](#)

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