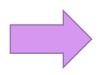


Definition and clinical significance of the monoclonal gammopathy of undetermined significance–like phenotype in patients with monoclonal gammopathies

Bruno Paiva

### Introduction

 Early intervention is being investigated in patients with smoldering MM having high-risk of transformation



Paramount to define patients with smoldering MM with a benign clinical behavior resembling that of MGUS to avoid unnecessary treatment

 Treatment de-escalation or intensification are being explored in patients with active MM according to the depth of response



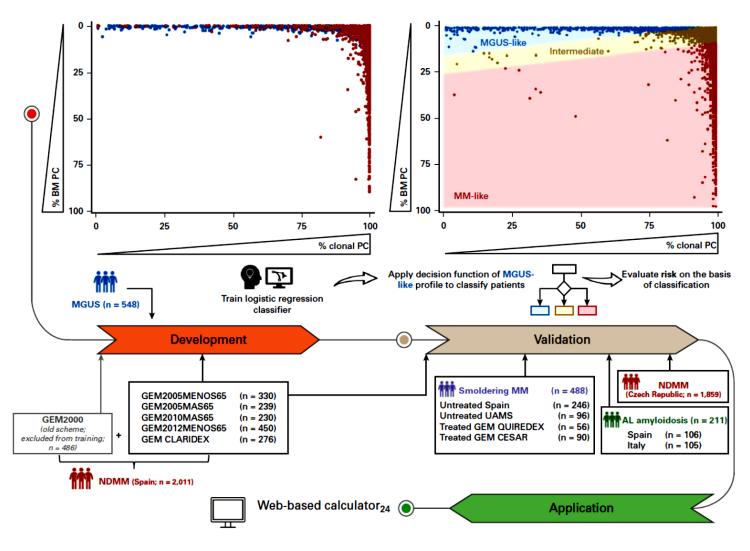
The possibility of having MGUS-like disease deserves consideration in patients with persistent M-component after treatment but low risk of progression, and in whom achievement of a suboptimal response may not require additional treatment for prolonged survival

 The presence of patients with MM with MGUSlike phenotype has been hypothesized in studies using gene expression profiling and flow cytometry



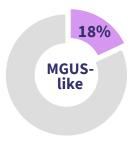
The former technique remains investigational whereas the latter is available in most clinical laboratories and is part of the routine diagnostic examination of patients with MM

# Study design

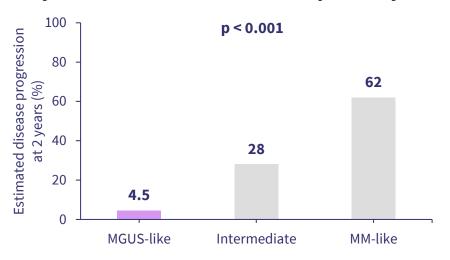


# Patients with MGUS-like smoldering MM have very low risk of transformation

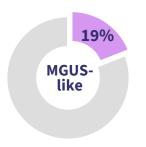
Untreated patients with smoldering MM in Spain (n = 246)



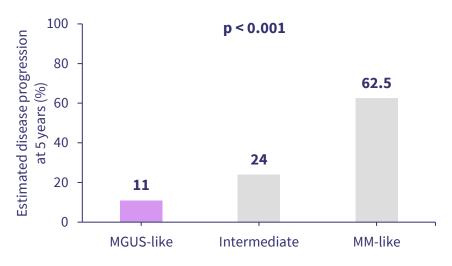
# Estimated rate of disease progression at 2 years after a median follow-up of 2.5 years



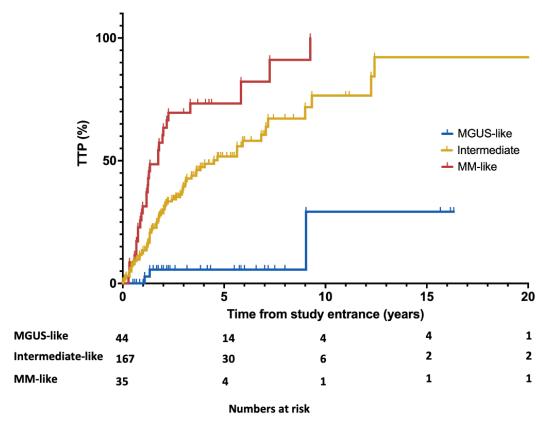
Untreated patients with smoldering MM at UAMS (n = 96)



# Estimated rate of disease progression at 5 years after a median follow-up of 5 years



# Patients with MGUS-like smoldering MM have very low risk of transformation



Bruno Paiva. Personal Communication; Apr 12, 2023.

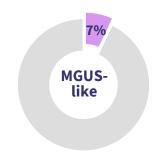
No statistically significant differences in TTP between treatment versus observation in patients with MGUS-like smoldering MM



# MGUS-like phenotype predicts favorable prognosis in active MM

Patients with active MM enrolled in the PETHEMA/GEM clinical trials (n = 1,525)

### Median follow-up = 6 years



	Median PFS	p value
MGUS-like	Not reached	< 0.001
Intermediate	3.9 years	
MM-like	2.8 years	

	Median OS	p value
MGUS-like	Not reached	≤ 0.005
Intermediate	9.2 years	
MM-like	3.6 years	

Patients with transplant-eligible active MM with MGUS-like phenotype showed PFS and OS rates at 5 years of 79% and 96%, respectively

# The MGUS-like classifier complements the revised ISS in active MM

Patients with active MM enrolled in the PETHEMA/GEM clinical trials (n = 1,525)

#### **Multivariate analysis of PFS**

Variable	HR	95% CI	p value
MGUS-like	0.49	0.32-0.74	0.001
ISS	0.80	0.68-0.94	0.008
LDH	0.63	0.51-0.78	<0.001
Cytogenetics	0.72	0.61-0.85	<0.001
CR status	0.53	0.46-0.62	<0.001
HDT/ASCT	0.53	0.46-0.62	<0.001

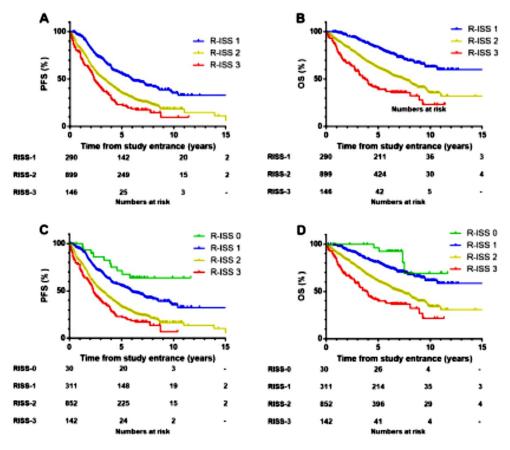
### **Multivariate analysis of OS**

Variable	HR	95% CI	p value
MGUS-like	0.56	0.32-0.97	0.039
ISS	0.67	0.55-0.83	<0.001
LDH	0.54	0.42-0.70	<0.001
Cytogenetics	0.61	0.50-0.75	<0.001
CR status	0.54	0.44-0.66	<0.001
HDT/ASCT	0.43	0.35-0.53	<0.001

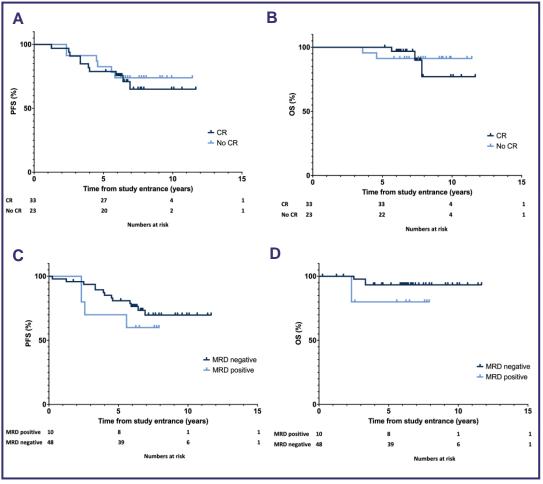


# The MGUS-like classifier complements the revised ISS in active MM

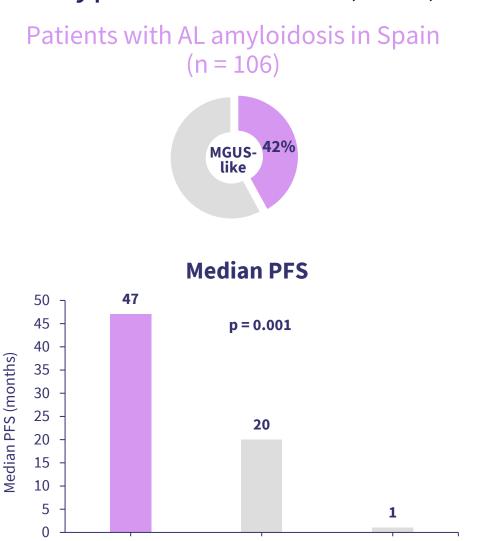
Patients with active MM enrolled in the PETHEMA/GEM clinical trials (n = 1,525)



# MGUS-like phenotype and prolonged survival in patients with transplanteligible active MM achieving suboptimal response

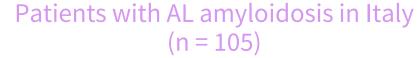


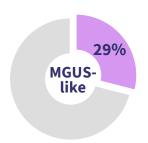
## Phenotypic classification, PFS, and OS of patients with AL amyloidosis



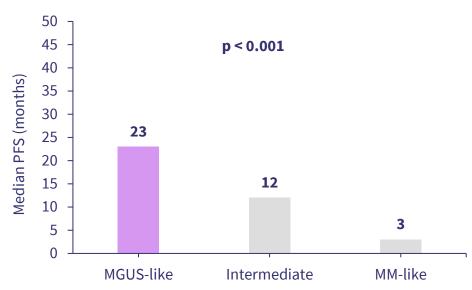
Intermediate

MGUS-like





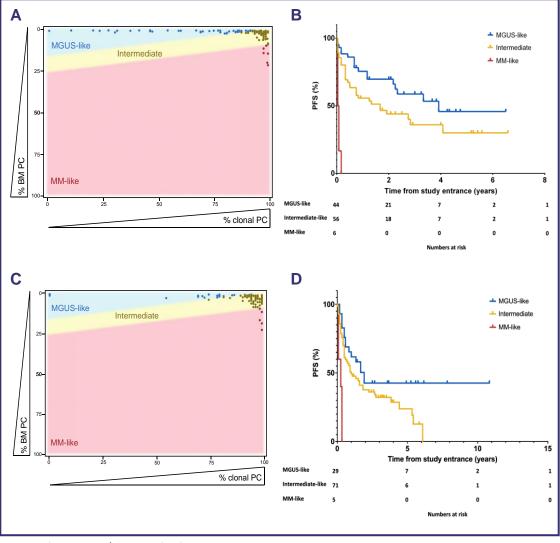
#### **Median PFS**



AL, light-chain; MGUS, monoclonal gammopathy of undetermined significance; MM, multiple myeloma; OS, overall survival; PFS, progression-free survival. Data from Burgos L, et al. *J Clin Oncol.* 2023. Online ahead of print. DOI: 10.1200/JCO.22.01916

MM-like

# Phenotypic classification, PFS, and OS of patients with AL amyloidosis



### Conclusions

- A more personalized approach to therapy demands the identification of distinct subgroups of patients with singular clinical behavior, using routine tests to guarantee a real and wide translation of research into clinical practice.
- Here, we provide an open-access tool based on flow cytometry parameters that are routinely assessed in clinical laboratories.
- The MGUS-like classifier identifies a subset of patients with smoldering and active MM having unprecedented outcomes.
- In AL amyloidosis, the same tool uncovers a subgroup of patients with MM-like BM involvement and dismal survival.
- This phenotypic classification of monoclonal gammopathies may help individualizing treatment and should be part of standard laboratory examinations.

# Acknowledgements











